



Kristen M. Carroll

Senior Partner
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Practice Areas

- Worker's Compensation

Education

- Indiana University School of Law-Indianapolis, JD, 2001
- Samford University, 1995

Author & Speaker

- "Indiana Workers' Compensation Legal Update," Client servicing annual presentation(s), virtual and in-person, Presenter
- "Arduous Counsel and Claimants: How to Pivot for Traction Against Entrenched Barriers", Indiana Workers' Compensation Conference, Indiana Chamber, Presenter
- "Self-Insured Employers and Third-Party Administrators," 2022 Advanced Workers' Compensation of Indiana Seminar, ICLEF, Presenter
- "An Application for Adjustment of Claim Has Been Filed with the Worker's Compensation Board - Now What Happens?," 2021 Indiana Worker's Compensation Conference, Indiana Chamber, Speaker
- "Investigating Workplace Injuries and Accidents ," 2020 Indiana Worker's Compensation Conference, Indiana Chamber, Presenter
- "Revised White Collar Exemptions Revealed: Understanding the Proposed Changes to the FLSA Overtime Regulations and How It Will Impact Your Employees and Payroll", Kightlinger & Gray Lunch and Learn, Presenter
- "Workers Compensation Subrogation," National Business Institute (NBI) , Presenter
- "Ethics for Nurse Case Managers in Workers Compensation," Genex Annual Meeting, Presenter

Distinctions

- AV Preeminent Peer Review Rating – by Martindale-Hubbell
- Selected for inclusion on the Rising Stars list published in Indiana Super Lawyers Magazine (2010-2013)
- Selected for inclusion on the Super Lawyers list published in Indiana Super Lawyers Magazine (2016-2025)
- Indianapolis Bar Foundation - Distinguished Fellow
- Best Lawyers of America (2022-2023)
- Best Lawyers Personal Injury Litigation - Defendants Workers' Compensation Law - Employers (2025)

Involvement

Memberships

- The Harmonie Group - Firm Liaison, Chair of Conference Committee, Co-Chair of the Worker's Compensation Committee, Board of Directors 2019-2025
- Defense Trial Counsel of Indiana (DTCI) - Workers Compensation Committee, Secretary 2011; Vice Chair, 2012; Chair, 2013; Strategic Planning Committee, 2014
- Indiana Worker's Compensation Institute, Inc. (IWCI)
- Sagamore Inn of Court 2013 - 2018

Civic and Charitable Organizations

- Kids' Chance of Indiana Sponsor

Admissions

- Indiana, 2001
- U.S. District Court, Northern District of Indiana
- U.S. District Court, Southern District of Indiana
- U.S. Court of Appeals, 7th Circuit
- Supreme Court of the United States

Biography

Kristen Carroll is a Senior Partner in the Indianapolis office of Kightlinger & Gray. Her practice focuses on representing employers before the Indiana Worker's Compensation Board. She regularly counsels employers and adjusters on the proper handling of worker's compensation

claims within the Indiana Worker's Compensation Act often assisting early in the investigation and claims management process. Kristen's dedication to her practice has earned her recognition as an Indiana Rising Star and an Indiana Super Lawyer as well as the honor to be recognized in The Best Lawyers in America for Worker's Compensation defense. Kristen is the firm's liaison for The Harmonie Group, an invitation only international legal network, where she also serves as co-chair of the Worker's Compensation Committee and is the Co-Chair of the Worker's Compensation Committee. In addition to her practice, Kristen has served as the Chair of the firm's Marketing Committee since 2015, leading the firm through various marketing campaigns and striving to maintain open communication between our clients and the firm. [Click Here for Worker's Compensation Calculators](#)